



# The Fishpool Inn

## Gluten Free Menu

Please make your server aware that you are ordering the gluten free version

### Nibbles

**Mixed marinated olives (ve) £3.95**

**Southern-fried chicken bites**, sour cream and chive dipping sauce **£4.95**

**Beer-battered haddock goujons**, tartar sauce **£4.95**

**Baked Mexican-style nachos** glazed with mozzarella, tomato salsa, guacamole and sour cream (v) **£7.95**

*Add jalapeños £1.00 Add chilli con carne £2.95*

### Starters

**Soup of the day** served with gluten-free bread (v) (ve) **£5.95**

**Tiger prawn pil pil**, cooked in olive oil, fresh chilli and garlic with basil and cherry tomatoes and gluten-free garlic bread **£8.25**

**Sautéed wild mushrooms**, creamy garlic sauce, truffle oil, tarragon, and toasted gluten-free bread (v) **£7.50**

**Homemade chicken liver parfait**, house chutney and gluten-free toast **£7.50**

**Truffle honey and goat's cheese mousse**, toasted pine nuts, pickled red wine-poached pear and baby watercress salad (v) **£7.50**

**Crayfish, prawn, and avocado tian**, Marie Rose sauce and micro shoot salad **£7.95**

**Confit duck leg**, caramelised apple, plum chutney and roasted orange segments **£7.95**

### Salads (all £10.95)

**Asian style salad**, shredded Chinese leaf, carrot, bean sprout, spring onion, chilli, vermicelli noodles, soy dressing and toasted sesame (ve)

**Caesar salad**, crispy bacon, gluten free croutons, Grana Padano and anchovies

**Superfood Bowl**, sweet potato and butternut squash salad, ruby beetroot, red pepper hummus, quinoa, charred tenderstem broccoli and soya yoghurt dressing (ve)

*Add:*

*Roast salmon fillet £3.95 Stir-fried sweet chilli beef £3.95 Halloumi £2.50 Chargrilled chicken breast £3.50*

*Glazed goat's cheese £2.50*

### Sandwiches (Served 11.30am - 6.00pm)

All sandwiches are served with house salad and Kettle crisps served on gluten-free bread

**Crayfish and prawn open sandwich** with Marie Rose sauce **£8.25**

**Sticky sweet chilli beef**, Chinese leaf salad **£7.95**

**Chicken Caesar**, baby gem lettuce, bacon lardons and Grana Padano **£7.95**

**Home-roasted ham**, English mustard, red onion, tomato and gem lettuce **£7.25**

**Collier's cheddar cheese**, house chutney, beef tomato and rocket leaves **£6.95**

**Roasted red pepper and chargrilled courgette**, guacamole, and rocket leaves on toasted ciabatta (ve) **£6.95**

*Add goat's cheese or halloumi (v) £1.95*

**Steak sandwich**, chargrilled ribeye steak, caramelised red onion and dressed rocket leaves **£9.95**

**Scottish Smoked salmon**, chive crème fraiche and cucumber **£7.95**

**Add a cup of chips or our soup of the day for £2.50**

Please note that some dishes may contain nuts or traces of nuts. Inform your server of any dietary requirements upon placing your order

## Mains

- Pan-fried sea bream**, roasted squash purée, charred tenderstem broccoli, roasted butternut squash and herb dressing **£17.95**  
**Slow-braised feather blade of beef**, dauphinoise potato, creamed Savoy cabbage, charred carrot, port and red wine jus **£17.95**  
**Slow-braised lamb shank**, fondant potato, roasted root vegetables and red wine jus **£17.95**  
**Indian-spiced monkfish and tiger prawn brochette**, Bombay potatoes, baby corn and lentil dhal **£17.95**  
**Pan-fried fillet of salmon**, creamed potatoes, fine beans, sautéed shallot and Jerusalem artichoke with a lemon and chive cream **£16.95**  
**The Fishpool Thai red curry with basmati rice**  
*Chicken £15.95 King prawn £16.95 Vegetable £13.95 (v)*  
**Chilli con carne**, braised rice, sour cream, jalapeños **£14.50**  
**Five bean chilli**, braised rice, guacamole, jalapeños (ve) **£13.50**  
**Classic fisherman's pie**, salmon, smoked haddock, hake, tiger prawns and mashed potato served with garden peas **£14.95**  
**Beer-battered haddock fillet**, chunky chips, mushy peas and tartar sauce **Medium £11.50 / Large £14.50**

## Fishpool Inn Burgers

- The Fishpool Inn chargrilled 9oz steak burger** **£13.50**  
**The Fishpool Inn vegan burger**, chickpea and butternut squash patty, tomato relish and red onion marmalade (ve) **£12.50**  
**The Fishpool Inn chargrilled Cajun-marinated chicken burger** **£12.95**

*(All burgers served in a gluten-free bun with lettuce, red onion, gherkin, tomato, homemade burger sauce and chunky chips)*

*Add a topping for £1.50, choose from;*

*Blue cheese, cheddar cheese, goat's cheese, halloumi, smoked streaky bacon, fried hen's egg, portobello mushroom*

## From the Grill

- 28 day dry-aged 10oz ribeye steak** **£24.95**  
**28 day dry-aged 8oz fillet steak** **£27.95**  
**10oz cured gammon steak** with fried hen's egg **£15.50**  
**Chicken saltimbocca** wrapped in streaky bacon with sage and garlic butter **£15.50**  
*All served with grilled beef tomato, roast portobello mushroom, local fresh water cress and chunky chips*

## From the Wood stone Oven 12" wood stone fired, thin crust gluten-free pizzas (flatbreads are not available)

- Margherita**, tomato ragu, mozzarella and torn basil (v) **£11.95**  
**Pepperoni**, tomato ragu, mozzarella and pepperoni sausage **£12.95**  
**Hawaiian**, tomato ragu, Cheshire ham and pineapple **£12.95**  
**Quattro Formaggi**, tomato ragu, mozzarella, gorgonzola, parmesan and goat's cheese **£13.50**  
**Diavolo**, tomato ragu, mozzarella, 'Nduja sausage, pepperoni, roquito peppers and jalapeños **£13.95**  
**Padana**, tomato ragu, goat's cheese, mozzarella, caramelised red onion, baby spinach and sun-blushed tomato (v) **£13.50**  
**BBQ chicken**, barbeque sauce, mozzarella, chicken, smoked bacon and fire-roasted red pepper **£13.50**  
**Pescatore**, tomato ragu, mozzarella, smoked salmon, crayfish and spinach **£13.95**

## Side orders (£3.95 unless otherwise stated)

- |  |  |
|--|--|
| Chunky chips                                 | Truffle and Grana Padano chips (£4.50) |
| Rocket, cherry tomato and Grana Padano salad | Sweet potato fries                     |
| Vegetable panache                            | Dressed house salad                    |
| Beer-battered onion rings                    | Creamy mashed potato                   |

## Sauces (all £2.50)

- Green peppercorn      Red wine jus      Blue cheese